

TRAINERS for...

Revised Fundamentals of Caregiving Course

and

Modified Fundamentals of Caregiving Self-Study Course



By law, **ALL** Adult Family Home (AFH) providers, AFH resident managers, Boarding Home (BH) administrators (or designees) and AFH/BH caregivers providing direct personal care are required to take either *Revised Fundamentals of Caregiving* or *Modified Fundamentals of Caregiving Self-Study* course.
(WAC 388-112-0075)

AFH and BH caregivers must take this caregiver training **within 120 days of when they begin providing hands on personal care** in a:

- Licensed Adult Family Home
- Boarding Home

What Is Covered In the Trainings?

The *Revised Fundamentals of Caregiving (RFOC)* is a 28-hour classroom course designed to be a very practical and basic class in caregiving. The class focuses on basic caregiving job requirements, client rights, communication and problem solving skills, protecting the health and safety of residents and performing personal care skills.

The *Modified Fundamentals of Caregiving (MFOC)* is a self-study course designed for health care workers whose previous training gives them proficiency in some of the content and basic skills covered in the full 28-hour *RFOC* course. *MFOC* focuses on client/resident rights including mandatory reporting requirements, medication assistance regulations, Nurse Delegation, Self-directed Care, assessment and observation, documentation and service planning.

Who Can Take the Modified Fundamentals Self –Study Course?

You may take the *Modified Fundamentals of Caregiving Self-Study* course if you have completed training in the following professions:

- Nursing Assistant-Certified
- Medicare Certified Home Health Aide
- Occupational Therapist
- Registered Nurse
- Licensed Practical Nurse
- Physical Therapist

If you do not meet any of the above, you must take the 28-hour RFOC class.



Successfully Completing the Classes

You must take and pass a written test and be able to demonstrate certain personal care skills to receive a training certificate for RFOC. MFOC participants must pass a written test.

Challenge Tests

A challenge test is for people who believe they already have extensive knowledge of the course materials. You may choose to take a test without taking the course. It costs the same as the classroom course. If you do not pass, you must pay the entire tuition again and take the classroom course.

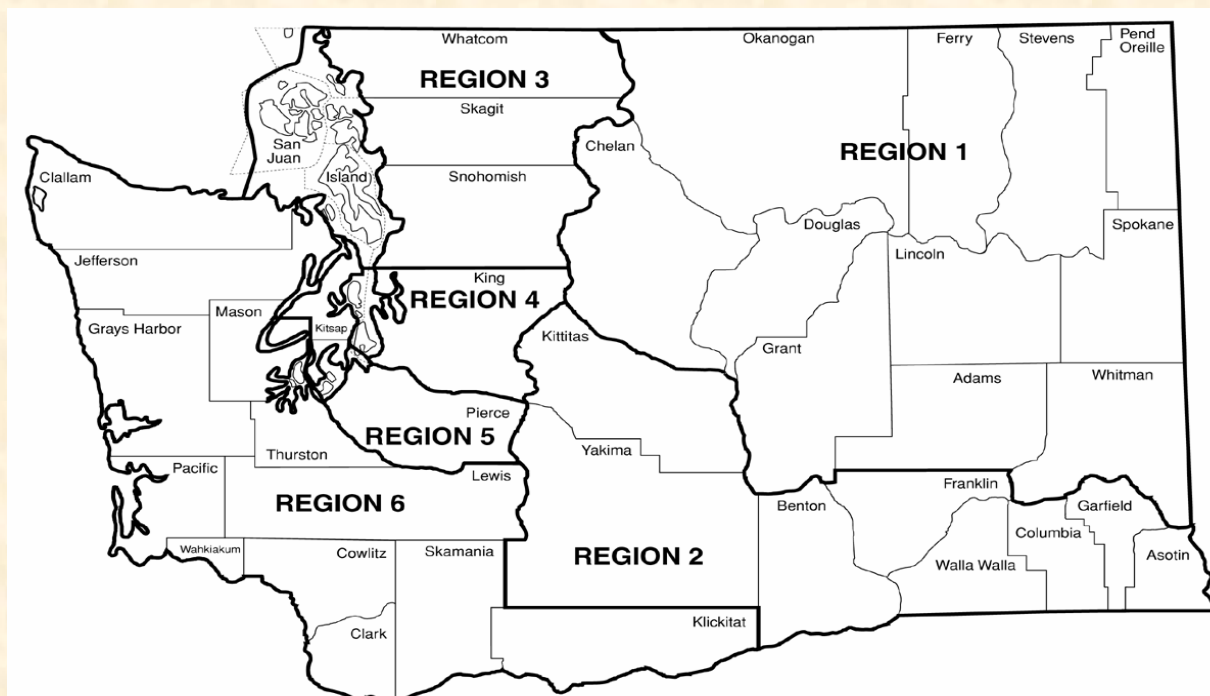
Trainers

The trainers listed in this brochure have been approved by ADSA/TCDU to provide quality training. If you have questions about any trainer listed in this brochure or if you have questions about trainers not listed but who claim they are approved to teach, please call: 1-800-422-3263.

Registration

1. Look at the list of Trainers on pages 3, 4, and 5 to find a trainer near you. Trainers are listed by region, county, or city. The map below will show you what region that you are in.
2. Call the Trainer and register for the class.

You may also access the list of trainers on line at:
<http://www.aasa.dshs.wa.gov/professional/training/2003/FundamentalsBrochure.pdf>



TRAINERS

For Revised Fundamentals of Caregiving Modified Fundamentals of Caregiving Self– Study



REGION 1: Adams, Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Orielle, Spokane, Stevens, Whitman Counties

County or City	Trainer's Name	Telephone Number
Chelan	Brenda Webster	509-682-7132
Ephrata	Rebecca Long (mfocss only)	509-754-2941
Grant	Columbia Basin Job Corps	509-762-5581
Pend Orielle	Patterns of Life Educational Services	509-445-1721
Spokane	Empowering People	509-466-0216
	HCTC Partnership	509-893-1776
	Russell Kelley	509-217-0132
	S.L. Start	509-328-2740
Wenatchee	Caregivers Educational Services	509-886-4187
Whitman	Wararat Suriyo-Dail, RN	509-397-2385
E. Wenatchee	Elder Care Advantage	509-884-6557

REGION 2: Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Walla Walla, Yakima Counties

County or City	Trainer's Name	Telephone Number
Clarkston	Geni Mertsching	208-792-3722
	Connie Overall (mfocss only)	208-743-8176
Pasco	Columbia Basin College	509-547-0511
Walla Walla	Walla Walla Community College	509-527-4330
	Joan Carmen	509-525-7828
Yakima	Basic Emergency Safety Training	509-452-9929
	YV-Tech-Yakima Valley Tech	509-573-5001

REGION 3: Island, San Juan, Skagit, Snohomish, Whatcom Counties

County or City	Trainer's Name	Telephone Number
Anacortes	David McDowell	360-293-5187
Bellingham	Bellingham Technical College	360-715-8353
	Cindy Dustin	360-671-9162
Bothel	Douglas Shedd (Exigeous)	425-489-9066
Camano Island	Virginia Berube	360-629-2536
Edmonds	Priscilla Coy-Monahan (CSS)	425-672-8787
Everson	Ronna A. Loerch	360-966-3226
Everett	Janet Lindstrom	425-359-1530
	Karen Fogarty	425-743-4128
	Sunrise Services	425-347-3149
	Health Professionals Institute	425-290-1197
Ferndale	Regina Stump	360-325-0153
Lynnwood	Care Path	425-670-3653
	WA Hlthcare Trng Institute	425-712-8412

TRAINERS



REGION 3 (cont'd): Island, San Juan, Skagit, Snohomish, Whatcom Counties

County	Trainer's Name	Telephone Number
Langley	Charlotte Chase	360-321-6004
Mt. Vernon	Skagit Valley College	360-416-7672
Mukilteo	Jenny Kemper	425-787-0702
Oak Harbor	Louvenia Ringuette	360-675-3399
Orcas Island	Sally Y. Coffin	360-376-9017
Sedro-Woolley	E. Faye Daly	360-724-3060
	Carol Ham	360-595-2022
	Cascades Job Corps	360-854-2182
Snohomish	Professional Registry of Nursing (PRN)	1-800-776-1101
	Shari Landa	206-790-8490

REGION 4: King County

County or City	Trainer's Name	Telephone Number
Bellevue	Professional Registry of Nursing (PRN)	1-800-776-1101
	Lidia Michelle Lupse	425-641-0405
Federal Way	Kamanga Training, Inc	206-304-1676
	Chris Rockwell, RN	253-941-4495
Kirkland	Daniela Potra	206-550-8620
	Headway Nursing Bureau (Bi-lingual training)	425-271-5319
	Maggie Broggel (Procure Educational)	425-822-1138
Lynnwood	Care Path	425-670-3653
Renton	Anita Hoffmann, RN	206-240-3469
Renton	Lumsden, Joan	425-277-0464
	Moss Enterprises	425-226-2257
	Renton Technical College	425-235-2352
Seattle	Caregiver Training, Inc.	206-439-1958
	Health Professionals Institute	425-264-0155
	Shirley Kinkade	206-243-5882
	Karen Morgan (mfocss only)	206-772-7536
	Mountain View Nursing Services	206-860-4972
	Nursing Assistant Training Institute	206-546-1120
	http://www.natraining.net/	
	Christine Taylor	206-261-5589
	Shoreline Community College	206-546-4756
Vashon	Karynn Graham (rfoc only)	206-463-5804

REGION 5: Kitsap and Pierce Counties

County or City	Trainer's Name	Telephone Number
Buckley	Jamie Daniels	253-288-0135
Bremerton	Care Plus Home Health	1-877-609-2770
	Kitsap Home Care	360-377-7307
Fox Island	Helen Murphy	253-549-2888
Lakewood	Bev-Lee Health Care Quality Training	253-984-6350
	Clover Park Technical College	253-452-0717

TRAINERS



REGION 5 (cont'd): Kitsap and Pierce Counties

County or City

Olalla	Priscilla Culp (Thurston, Lewis, Grays Harbor)	253-225-1474
Port Orchard	C & S Training (MFOCSS only)	360-874-1789
	Care Plus Home Health Care	360-373-8016
Puyallup	Cooper House 1	253-845-3941
Tacoma	Far Reaching Consulting	253-536-0206
	Professional Registry of Nursing	1-800-776-1101
	ROKO Enterprises	253-226-2143
Spanaway	Debra S. Walker	253-875-0022
Steilacoom	Education By Design	253-584-7099
Sumner	Teresa Marshall (Pierce and South King County)	360-897-2628
University Place	Medical Training Consultants Institute	253-566-8282

REGION 6: Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Klickitat, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum Counties

County or City	Trainer's Name	Telephone Number
Aberdeen	Ruth Ann Kolodzie (MFOCSS only)	360-533-3453
Brinnon	Judith Y. Meyers	360-796-0309
Camas	Leta Ayers (Leonavichus)	360-833-8352
Castle Rock	Cynthia Holliday (The Medea Group)	360-274-8329
Centralia	Linda C. Amondson-Muller	360-807-8645
Elma	Donna McGuin	360-482-2006
Kelso	Bess Walters	360-423-4722
	Janet Denniston	360-636-4327
Lacey	Catherine Fleming Education Services	360-791-3438
Long Beach	Nancy K. Smith	360-642-7235
Longview	Lower Columbia College	360-442-2868
	Eldercare Options	360-636-1000
Mossy Rock	Marjorie E. Miller, RN	360-983-8742
Olympia	De'Sandra Simmons	360-413-7074
	Sianni Associates, LLC	360-273-8006
Port Angeles	Caregivers Home Health Inc.	360-457-1644
	Virginia Houk	360-417-0959
Ridgefield	Jeannine White	360-887-4118
Squim	Rainshadow Home Services, Inc.	360-681-6206
Thurston/Lewis	Professional Registry of Nursing	1-800-776-1101
Vancouver	Clark County Skills Center	360-604-1050 x2164
	Connie Crites	360-695-9925
	Bonnie Johnson	360-699-1766
	Northwest Healthcare, Inc.	360-574-5293
	Quality Nurse Consultants	360-891-2448
	Step by Step	503-667-6285
Woodland	Nurse Delegation & Consulting	360-225-8222

